

Long Pose Figure Painting with Edward Sprafkin

Supply List:

I highly recommend water-mixable oils for their ease of clean-up and non-reliance on vapor-harmful solvents. If you use traditional oil paints, please use Gamsol Only and keep it capped when not in use. I will be working in either acrylic or gouache paints for the demonstrations; however, you are free to use your paint of choice.

Canvas: Acrylic-primed in a variety of sizes for oil and acrylic paints.

Cold Press watercolor block: for gouache and watercolor paints.

Oil/Acrylic Palette: Grey Matters or standard white disposable paper palette.

Gouache Palette: Small porcelain enameled Butchers Tray Palette

Watercolor palette: 12 to 18 large wells for watercolor paints.

Professional Oil Paint: Gamblin, Utrecht, Winsor Newton, Rembrandt, or Grumbacher.

Professional Heavy-body Acrylic Paint: Liquitex or Utrecht.

Professional Gouache Paints: Utrecht, Winsor Newton, Holbein, ShinHan

Professional Watercolor Paints: Utrecht, Winsor Newton, Holbein, Daniel Smith

Basic Colors: (You are free to use your favorite colors!)

1. Titanium or Permanent White

2. Cad Yellow Medium

3. Yellow Ocher

4. Cad Red Light or Medium

5. Alizarin Permanent

6. Burnt Sienna

7. Ultramarine Blue

8. Phthalo Blue

Solvent-Free Oil Medium: Gamblin Solvent-Free Oil Fluid Medium to thin your oil paints while painting.

Palette Cups: Two metal palette cups for oil mediums.

Oil Brushes: Hog Bristle Flats or Brights, sizes #2-12.

Acrylic Brushes: Synthetic Flats, sizes #2-12.

Watercolor and Gouache Brushes: Princeton Velvet Touch 1", 1/2", 3/4" Flats.

Palette Knife: Diamond-shaped, 2" in length for oil and acrylic paints.

Brush Washer: Plastic bucket for water-mixable oil, acrylic, gouache, and watercolor.

Water spray bottle/atomizer for acrylic, watercolor, and gouache paints.

Paper towels, tissues, or rags.

Small sketchbook and pencil: for working out thumbnail sketches before painting.