

## **Edward Sprafkin - Capture a Likeness in Portraiture**

### **Recommended Supply List for Oil or Acrylic painters.**

**Note:** The following list is only a recommendation. If you already have an inventory of oil or acrylic paints, use them first. Listed is a basic palette of colors suitable for various subjects; you can use the colors you like.

Reference Resources: Use your favorite photos or search Royalty-Free images online. Pinterest and Instagram are excellent resources for practice purposes. I suggest working from either enlarged print or tablet; a cell phone's smaller screen size can be difficult to see.

*\*Attention Oil Painters:* Please use **Safflower Oil** to replace Gamsol, Turpenoid, NOOD, or any similar "odorless" toxic vapor solvent to clean your oil brushes. No petroleum distillate products of any kind. There is ZERO need to use toxic solvents when oil painting. Use Safflower Oil to pull the pigments out of your brush bristles, and wash your brushes with simple soap and water at the end of the day.

**Canvas:** Acrylic-primed in a variety of sizes. 8x10 - 12x16.

**Palette:** Grey Matters or standard white disposable paper palette.

**Professional Oil Paint:** Gamblin, Utrecht, Winsor Newton, Rembrandt, or Grumbacher.

**Professional Heavy-body Acrylic Paint:** Liquitex or Utrecht.

### **Colors:**

1. Titanium White
2. Cad Yellow Medium
3. Yellow Ocher
4. Cad Red Light or Medium
5. Alizarin Permanent
6. Burnt Sienna
7. Ultramarine Blue
8. Phthalo Blue

Utrecht **Safflower Oil** in replace of toxic "odorless" thinners to clean your oil brushes.

**Solvent-Free Oil Medium:** Gamblin Solvent-Free Oil Gel Medium, or Gamblin Solvent-Free Oil Fluid Medium to thin your oil paints while painting.

**Palette Cups:** Two metal palette cups for oil mediums.

**Oil Brushes:** Hog Bristle Flats or Brights, sizes #2-12.

**Acrylic Brushes:** Synthetic Flats, sizes #2-12.

**Palette Knife:** Diamond-shaped, 2" in length.

**Brush Washer:** Empty plastic container for acrylic.

**Water spray bottle/atomizer** for acrylic paints.

**Paper towels,** tissues, or rags.